QUESTIONNAIRE FOR URINARY INCONTINENCE DIAGNOSIS

1. Do you leak urine (even small drops), wet yourself or wet your pads or undergarments when you cough or sneeze?

None of the time Rarely Once in a while Often Most of the time All the time

2. Do you leak urine (even small drops), wet yourself or wet your pads or undergarments when you bend down or lift?

None of the time Rarely Once in a while Often Most of the time All the time

3. Do you leak urine (even small drops), wet yourself or wet your pads or undergarments when you walk quickly, jog, or exercise?

None of the time Rarely Once in a while Often Most of the time All the time

4. Do you leak urine (even small drops), wet yourself or wet your pads or undergarments while you are undressing to use the toilet?

None of the time Rarely Once in a while Often Most of the time All the time

5.Do you get such a strong and uncomfortable need to urinate what you leak urine (even small drops) or wet yourself before reaching the toilet?

None of the time Rarely Once in a while Often Most of the time All the time

6. Do you have to rush to the bathroom because you get a sudden, strong need to urinate?

None of the time Rarely Once in a while Often Most of the time All the time

If you answered “often,” “most of the time,” or “ all the time” to questions 1, 2 or 3, then you most likely have troublesome stress urinary incontinence and would benefit from evaluation and treatment at Mountain States Urogynecology.

If you answered “often,” “most of the time,” or “ all the time” to questions 4, 5 or 6, then you most likely have troublesome overactive bladder or urge urinary incontinence and would benefit from evaluation and treatment at Mountain States Urogynecology.